



# THE COMMUNITY BIRTH PROGRAM

## AT KILDONAN MEDICAL CENTRE IN SEVEN OAKS HOSPITAL

**ARE YOU PREGNANT? THERE'S A NEW OPTION FOR YOU!**  
**DID YOU KNOW YOU CAN NOW GET ALL YOUR PREGNANCY CARE CLOSE TO HOME?**

***A NEW PROGRAM IS NOW AVAILABLE AT KILDONAN MEDICAL CENTRE –THE COMMUNITY BIRTH PROGRAM***  
*A MIDWIFE AND A FAMILY DOCTOR ARE WORKING TOGETHER TO SEE PREGNANT WOMEN FOR THEIR ENTIRE PREGNANCY AND THEIR BIRTH AT WOMEN'S HOSPITAL HEALTH SCIENCES CENTRE.*

Midwife Elisabeth Dolin and Dr. Larry Reynolds, a Family Physician who focuses on Maternity care, can see you in the Community Birth Program clinic at Kildonan Medical Centre on Monday mornings.



The Doctor and Midwife both attend births, so you can have someone at your birth who you know, and who knows you. They both believe care during pregnancy, labour and birth should consider your wishes and be respectful of your individual needs while making sure that you and your baby are safe. They provide care throughout your pregnancy, and look after you and your baby in hospital, and for your first days at home.



Following your care with the CBP, you return to the care of your regular primary care provider. If you do not have a regular provider, we can help you make arrangements through "Family Doctor Finder". All the services that Kildonan Medical Centre offers are available to you during your care with the CBP.



### **In addition to regular clinic appointments the Community Birth Program offers:**



**HOME VISITS** – During the first week or two after baby arrives and you're home from hospital, the Midwife sees you and baby at home. If you are interested, she may also schedule a prenatal home visit.



**ON-CALL SUPPORT** – Community Birth Program patients can call the Nurse at Kildonan Medical Centre during regular hours (Mon-Fri 8:30-4:30). For urgent questions and concerns they may call the Midwife anytime.

### **HOW DO YOU KNOW IF THE COMMUNITY BIRTH PROGRAM IS RIGHT FOR YOU?**

YOU ARE WELCOME TO MEET DR. REYNOLDS AND MIDWIFE ELISABETH DOLIN TO TALK ABOUT HOW THE CBP WORKS, AND WHETHER IT'S RIGHT FOR YOU. PLEASE MAKE AN APPOINTMENT ON MONDAY MORNINGS!! YOUR CARE PROVIDER CAN HELP YOU MAKE ARRANGEMENTS BY REFERRING YOU TO THE COMMUNITY BIRTH PROGRAM AT KILDONAN MEDICAL CENTRE

**OR**

YOU CAN MAKE THE APPOINTMENT YOURSELF!

**CALL CBP at KMC : PHONE 204-632-3203**

