My Health Team Chronic Disease Management Clinician Seven Oaks/Inkster

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Goals:

Deliver coordinated care within an interprofessional team of primary care providers with an emphasis on patient centered outcomes, improved quality of life, prevention and optimized treatment of chronic diseases.

Service Overview:

- Chronic disease self-management education and health behavior coaching
- Nutrition Counseling for Dyslipidemia, Hypertension, GI Conditions, Food Allergies and Intolerances, Pediatrics-picky eating
- Healthy weight management
- Diabetes education:
  - Insulin start and insulin adjustment support
  - Nutrition and lifestyle management of Diabetes
  - Initial and ongoing diabetes education
- Respiratory education and clinical management support:
  - Spirometry testing
  - Smoking Cessation
- Service Navigation

Ask your Primary Care Provider for more information!

Primary Care: “the most appropriate care by the most appropriate providers in the most appropriate settings”*

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