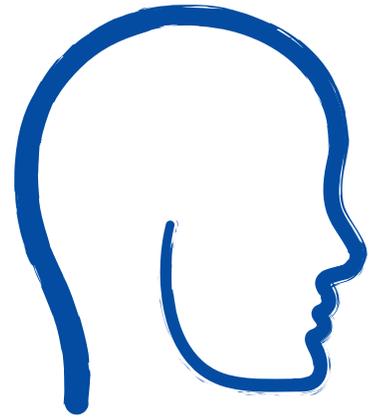


Youth, Mental Health, Addictions & Townhall



Wednesday
February 6 2019
6:00-8:00pm

Panel

Norwest Community Food Centre (103-61 Tyndall Ave.)



Panelist Dr. Sayma Malik is a clinical psychologist with specialized training in the field of infant and early childhood mental health. She has extensive experience in assessment and treatment of children under the age of six with complex developmental, medical and psycho-social histories. Dr. Malik holds Psy.D. in Clinical Psychology from the California School of Professional Psychology at Alliant International University, San Francisco. She is an assistant professor in the department of Clinical Health Psychology in the College of Medicine in the Faculty of Health Sciences at the University of Manitoba.



Panelist, Elizabete Halprin is the Community Development Coordinator of Social Work at NorWest Co-op Community Health. She has more than 11 years' experience in the field of social work having worked one on one with youth, adults and families. In addition to being one of the leads for the Inkster/ Seven Oaks Mental Health Team, Elizabete's work encompasses supervising counselling and support programs with a focus on Indigenous Health, Family Violence and FASD Prevention. Elizabete is also a strong believer in continuing professional development, having completed her Bachelor of Arts with Honours in Sociology from the University of Winnipeg, and her Bachelor of Social Work from the University of Manitoba. Most recently, Elizabete has completed her Masters of Social Work at the University of Manitoba.



Panelist Tara Brousseau Snider is the Executive Director for Mood Disorders Association of Manitoba. She is Vice-Chair of the Addictions Foundation of Manitoba. Tara has a therapy practice with Recovery of Hope, Eden Health Services. Tara believes passionately in the strength of peer support and that we all find hope and recovery through our connections and attachment to each other. Tara currently serves as a Board member for the Royal Winnipeg Ballet and chairs the School Committee. Tara has a Masters of Arts in Counselling and Psychology from Yorkville University and a Bachelor of Arts from Queen's University.



Panelist Aly Raposo is currently the Women's and Youth Program Director at the Mood Disorders of Manitoba. Aly received her Bachelor's degree at the University of Manitoba. During the past few years Aly has worked tirelessly to advocate for mental health and has been an invited speaker, facilitator and a researcher in this field. She also designed and facilitated a workshop on mental health for international students. Aly is currently finishing up a research project at the U of M., which builds on her earlier Active Living Centre: Women, Trans, Non-Binary Gym Hours initiative & her co-production of Take Back the Campus, a film made by Code Breaker Films about Safer Campuses.



Emcee, Cindy Lamoureux is a Canadian provincial politician, who was elected as the Member of the Legislative Assembly of Manitoba for the riding of Burrows in the 2016 election. She defeated NDP incumbent Melanie Wight, who had held the riding since the 2011 election.



Ivy Chaske, Norwest elder will be leading the aboriginal prayer and land acknowledgment.



Please note: This is a free event open to the public. Registration is not required. However seating is limited

Healthy snacks created by Teen Food Justice Club will be served

